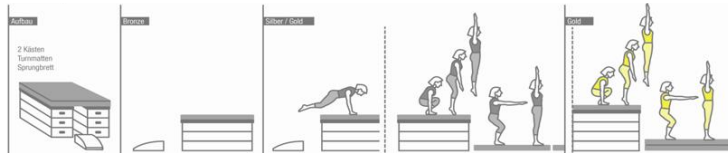
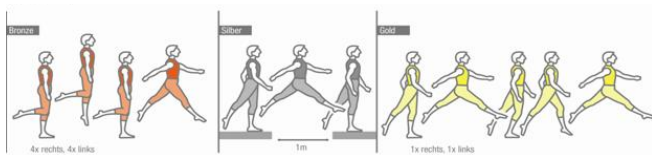


Disziplinen Gerätturnen | Gruppe Schnelligkeit

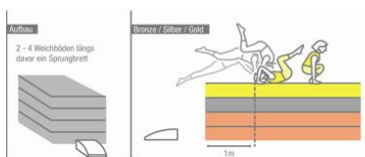
4.3.4.1 | Sprunghocke als Sprungstütz (AK 6–7, AK ab 70)



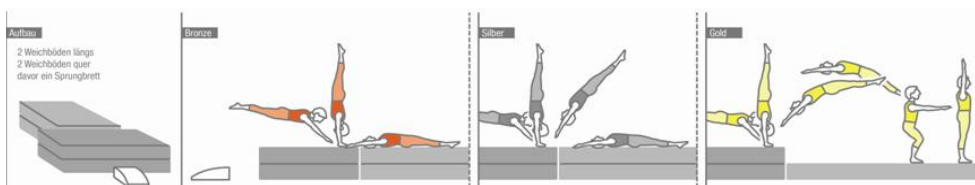
4.3.4.2 | Schrittsprung (AK 8–9, AK 60–69)



4.3.4.3 | Sprungrolle (AK 10–11, AK 50–59)



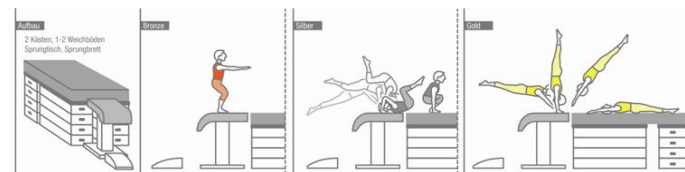
4.3.4.4 | Handstütz-Sprungüberschlag I (AK 12–13, AK 40–49)



4.3.4.5 | Grätsch(winkel)sprung (AK 14–15, AK 30–39)



4.3.4.6 | Handstütz-Sprungüberschlag II (AK 16–17, AK 18–29)



Quelle